

Heroes of the Bible

Family Bible Study—Volume 2

Table of Contents

Keys to Having a Good Home Bible Study	pg. 2
Lesson for Week One—“Noah”	pg. 3
Lesson for Week Two—“Abraham”	pg. 4
Lesson for Week Three—“Joseph”	pg. 5
Lesson for Week Four—“The Burning Bush”	pg. 6
Lesson for Week Five—“The Ten Plagues”	pg. 7
Lesson for Week Six—“The Escape from Egypt”	pg. 8
Lesson for Week Seven—“Joshua”	pg. 9
Lesson for Week Eight—“David and Goliath”	pg. 10
Lesson for Week Nine—“The Prayer Life of David”	pg. 11
Lesson for Week Ten—“Daniel’s Training”	pg. 12
Lesson for Week Eleven—“Daniel and the Lion’s Den”	pg. 13
Lesson for Week Twelve—“Daniel’s Three Friends”	pg. 14
Lesson for Week Thirteen—“Job”	pg. 15
Family Bible Goals	pg. 16

Keys to Having a Good Bible Study

- Have a family meeting and discuss what night and time of the week would be best to have the study.
- Stick to the time that is agreed upon—start and finish on time.
- Make a decision that this will be a family priority.
- Start each lesson with a prayer.
- Give each family member time to discuss what has happened during their day at school or work.
- Do not allow the discussion time to become a place for family complaints and arguments.
- Give each family member an opportunity to share how they were able to work on last week's lesson.
- Always remember what the purpose of this study is...
 1. To develop a closer relationship with God.
 2. To develop a closer relationship with each other.
 3. To unite as a Godly family.
- Take time each week to work on your Family Bible Goals.
- End each lesson with a prayer.

Noah

Purpose: *To read and discover what we can learn about Christian living from the life of Noah.*

Bible Verses:

- Genesis 6:8-22; Genesis 7:1-24; Genesis 8:1-13

Family Discussion:

Ask your children to tell you everything they know about Noah.

Read Genesis 6:8-9—How is Noah described in these two verses?

Why did God destroy the earth with a flood? Who was saved from the destruction of the flood? Why was Noah and his family saved from the flood?

What did God tell Noah to build? Why did God tell Noah to build an ark?

God commanded Noah to build the ark out of _____ wood.

What other directions did God give Noah concerning the ark?

Read Genesis 6:22—Did Noah follow God's directions? Is it important for you and me to follow God's directions? Why?

What is one direction God wants you to follow? Is God happy or sad when we disobey Him?

What would have happened to Noah and his family if he wouldn't have obeyed God by building the ark?

What happened as a result of Noah following all of God's directions? What will happen to us if we choose to obey God?

Family Challenge: Have each family member share one lesson they learned from Noah about following God's directions. *Emphasize the importance of standing up for God even if we have to stand alone!*

Family Bible Goals: Take time to work on your Family Bible Goals! (p. 17)

Abraham

Purpose: To read and discover about the great faith and love of Abraham.

Bible Verses:

- Genesis 22:1-18; Hebrews 11:8-19

Family Discussion:

Ask your family to tell you everything they know about Abraham.

What is the hardest test you have ever taken?

How did God test Abraham? What did God ask Abraham to do with his son? What would you have done if you were in Abraham's shoes?

Think for a minute about the feelings you have for your parents or children. How do you think Abraham felt about his son Isaac?

Was Abraham willing to offer his son as God asked? Why was Abraham willing to do this?

Describe your feelings for God. How did Abraham feel about God? Do you think Abraham loved God? How do we know Abraham loved God?

List some ways we can show God that we love Him.

Who stopped Abraham from sacrificing Isaac? What was Abraham's reward for obeying God?

What is the best reward you have ever been given? What reward will we get if we obey God?

Family Challenge:

On a sheet of paper write down three things you will do together as a family this week to show God you love Him. This could include praying together, reading the Bible together, helping each other with chores or serving a neighbor in some way.

Family Bible Goals: Take time to work on your Family Bible Goals! (p. 17)

Joseph

Purpose: *To read and discover how we can learn to forgive others as Joseph did in his life.*

Bible Verses:

- Genesis 37:1-36; Genesis 39:1-4; Genesis 42:1-6;
Genesis 45:1-15

Family Discussion:

Have your family tell you one thing they know about Joseph.

How did Jacob feel about his son Joseph? What did Joseph's father make him to wear?

Did Joseph's brothers like him? Why didn't Joseph's brothers like him?

What did Joseph's brother do to him? How would you feel if your own family sold you into slavery?

Joseph ended up in Egypt after being sold into slavery. What happened to Joseph while he was in Egypt? Did God bless Joseph?

In what ways did God bless Joseph?

Why did Joseph's brothers come to Egypt? What is a famine? How did Joseph treat his brothers? Did Joseph forgive his brothers?

How would you describe the word forgive? Is it always easy to forgive other people? If you were in Joseph's shoes would you have forgiven your brothers?

How does it feel when somebody forgives us of some wrong?

Family Challenge:

Share a time in your life when somebody forgave you of some wrong. Describe how you felt knowing you had been forgiven.

Family Bible Goals: Take time to work in your Family Bible Goals! (p. 17)

Moses—The Burning Bush

Purpose: To read and discover what we can learn from Moses about living for God—*No Excuses!*

Bible Verses:

- Exodus 3:1-22; Exodus 4:1-14

Family Discussion:

Have your family tell you one thing they know about Moses. What is Moses most famous for doing?

How did God appear to Moses in chapter 3? Do you think Moses was scared when he saw a burning bush talking to him?

What did God tell Moses to do with his sandals? Why did Moses hide his face from God?

What mission does God want Moses to accept?

Does Moses want to go to Egypt and help free the Israelites? Why is Moses not willing to go? What excuse does Moses give to God? (Exodus 4:10)

Was God happy with Moses for making excuses?

Have you ever given your parents an excuse when they asked you to do something for them? Have you ever made excuses to God instead of obeying Him?

How do you think God and your parents feel when you give them excuses instead of obeying them?

Family Challenge:

Have each family member write down one excuse they have used to get out of doing something for God, their spouse, their children or their parents. Tear the excuses up and throw them away. Pray for strength to serve God and others without making excuses.

Family Bible Goals: Take time to work on your Family Bible Goals! (p. 17)

Moses—The Ten Plagues

Purpose: To read the story of the ten plagues and discover how this great story of God's power relates to us today.

Bible Verses:

- Read the selected texts from Exodus 7 – 12 listed below.

Family Discussion:

God told Moses that there were going to be great miracles and mighty acts of judgment against Egypt. Why? (Exodus 7:1-5)

Discuss God's power in the first plague. (7:19-21) What was the second plague? (8:1-6) Try to imagine frogs everywhere in your house; your bed, your shower, your food! What do you think it was like when all these frogs died? (8:13-14)

What was the third plague? (8:16-17) In the fourth plague, what insects swarmed the Egyptians, but not the Israelites? (8:20-24)

Describe what happened during the fifth plague? (9:1-6) Why was this a bad thing for the Egyptians? Describe how God makes the sores appear in the sixth plague. (9:8-10)

God's mighty power is on full display in the seventh plague. Describe what happened. (9:18-26) More swarms of insects are seen in the eighth plague. What kind of insects were they? (10:12-15)

What miraculous event occurred in the ninth plague? (10:21-23) How could total darkness cover the whole land of Egypt without affecting the region where the Israelites lived?

What was the tenth and final plague? (11:4-7) What do we learn about God's power over life and death from this plague? (12:21-23 and 29-30)

Family Challenge: Only God has the power to all of these things! Read Psalm 77:11-15 and close the lesson with a prayer of praise to God.

Family Bible Goals: Take time to work on your Family Bible Goals! (p. 17)

Moses—The Escape from Egypt

Purpose: *To discuss the story of the exodus and its application to us today.*

Bible Verses:

- Exodus 3:7-10; 12:31-42 and 14:10-31
Galatians 1:3-5; Mark 16:16

Family Discussion:

Have you ever been in a situation where you desperately needed to be rescued or saved?

Read Exodus 3:7-10 and describe how the Israelites were being treated in Egypt? What promise did God make to Moses concerning the Israelites in these verses?

After the tenth plague, Moses led all the Israelites out of Egypt. (Exodus 12:31-42) How many Israelites left Egypt? (vs. 37)

After leaving Egypt, the Israelites came to the Red Sea. There was no bridge across the sea, no boat to hop on to float across, and the enemy was quickly closing in on them. What did God do to rescue them in this situation? (Exodus 14:10-28)

How would you have reacted if you witnessed the Red Sea part as the Israelites did? Read Exodus 14:30. What does the verse say the Lord did that day? As a result of this great miracle, what did the people do? (vs. 31)

God rescued the Israelites from Egyptian slavery. Describe what you have in common with the Israelites we read about. How has God rescued us?

Read Galatians 1:3-5 and Mark 16:16—What has God rescued us from? What did God have to do in order to rescue us from our sins?

Family Challenge: *For younger children—*Talk about a storybook or a cartoon where someone was rescued. *For teenagers and adults—*Share the story of Private Jessica Lynch. Discuss how you think she felt after being rescued. Relate this to our own lives by discussing how we should feel about being rescued from eternal suffering!

Family Bible Goals: Take time to work on your Family Bible Goals! (p. 17)

Joshua

Purpose: To read and discover what we can learn from Joshua about courageously living for God.

Bible Verses:

- Joshua 1:1-9; Joshua 24:14-18

Family Discussion:

What does the word courage mean? Have you ever met somebody who you considered courageous?

Share a time in your life when you displayed courage. (*possible answers include going to the doctor, telling the truth, standing up for what is right*)

Read Joshua 1:1-18—What does God tell Joshua to do in these verses?

Would it take a lot of courage to lead millions and millions of people? How would you feel if you were in charge of this many people? How do you think Joshua felt about leading these people?

How many times does God tell Joshua to be strong and courageous in these verses? What are some situations you will face where you will need strength and courage?

Read verse 7—What does God tell Joshua to do in order to be successful?

What promise does God make Joshua in verse 9?

Read Joshua 24:14-18—What promise does Joshua make God in these verses? Do you think Joshua was a courageous person? Why? Is your family living the statement Joshua made in verse 15?

Family Challenge:

It takes courage to serve God and overcome temptation. Have each member share one temptation they are currently facing. Write down the words of Joshua 1:9 and hang it in a place where everyone can see it. Each time you face a temptation this week think back to these words from Joshua.

Family Bible Goals: Take time to work on your Family Bible Goals! (p. 17)

David and Goliath

Purpose: To discuss how we can imitate the courage of David in our own lives.

Bible Verses:

- 1st Samuel 17:1-51

Family Discussion:

How did David respond to Goliath's threats? How did the Israelite army respond to his threats? Why were the responses so different?

Imagine being face to face with Goliath—would your response to his presence be like David's or the rest of the Israelite army?

What did David's older brothers think about his attitude? What was the source of David's confidence?

What did King Saul want David to take into battle against Goliath? Why did David refuse to use the armor of Saul? What did David take into battle with him? Why do you think David took five stones instead of just one?

What previous experiences did David have that caused him to believe in God? What are some things you have experienced in your life that cause you to believe in God?

What was at stake in the battle between David and Goliath? Describe the fight scene that took place between these two men.

What happened to the Philistines after David killed Goliath? Who was really responsible for David's amazing victory over Goliath?

Family Challenge:

Have your family share a giant (struggle/problem/temptation) they are currently facing in their lives. What can we learn from David about overcoming these giants we face in our lives? Pray together asking God for the courage of David in overcoming the giants we are fighting.

Family Bible Goals: Take time to work on your Family Bible Goals! (p. 17)

The Prayer Life of David

Purpose: *To understand David's feelings about God by reading some of the Psalms David wrote.*

Bible Verses:

- Psalm 23; Psalm 103:1-22

Family Discussion:

Read these two Psalms and discuss the following :

What is the greatest blessing we have as Christians?

Have each family member share one thing they are thankful for?

In what ways does David describe the Lord in these Psalms? Which verse(s) from Psalm 23 is your favorite? Why?

Make a list of the blessings revealed in these Psalms we have as God's children.

What characteristics of God are mentioned in these Psalms?

How is David comforted by God's presence?

What things does God provide for David and others who love God?

Why should we praise the Lord? How can we as a family praise God?

How does God feel when we sing or pray to Him? What impact does singing and praying have on our daily relationship with God?

Family Challenge:

Write your own psalm that tells how you feel about God, why you trust in Him, and why He is praiseworthy. God loves you and wants to hear how you feel about him in your own words.

Family Bible Goals: Take time to work on your Family Bible Goals! (p. 17)

Daniel's Training

Purpose: To discuss the story of Daniel's training and its application for us today.

Bible Verses:

- Daniel 1:1-21

Family Discussion:

Judah was captured by what group of people? (vs. 1)

What was the name of the king of Babylon? (vs. 1)

In verses 3 and 4, the king ordered some of the Israelites from the royal families to be brought to him. What characteristics were the young men to have?

Who were four of the young men taken from Judah and what were their names changed to? (vs. 6-7)

What does Daniel not want to do in verse 8? How would you describe Daniel based on his refusal to defile himself with the king's food and wine?

What are some situations you face in your life that are similar to the one Daniel faced in these verses?

What does Daniel ask the guard to do in verses 12 and 13?

How did the boys appear after ten days? (vs. 15) How did God bless these four young men? (vs. 17)

At the end of their three year training period, how did Daniel and his friends compare to all the others? (vs. 18-20)

Family Challenge: Daniel stood up for what was right because of his personal relationship with God. Have each family member share one way they can strengthen their personal relationship with God, and have each family member share one benefit of having a close relationship with God?

Family Bible Goals: Take time to work on your Family Bible Goals! (p. 17)

Daniel and the Lion's Den

Purpose: To discuss the story of Daniel and the lion's den and its application for us today.

Bible Verses:

- Daniel 6:1-28

Family Discussion:

Who was king during this time? (Daniel 5:31)

What did King Darius plan to put Daniel in charge of? (Vs. 3)

How did this make the other administrators feel? (Vs. 4)

What did the other administrators do to try and get back at Daniel? Could they find anything to charge Daniel with? (vs. 4)

How is Daniel described in verse 4? What does it mean to be faithful? How can we as a family be faithful to God?

What decree did the administrators present to the king? (vs. 6-9) How did this decree test Daniel's faith? Did he stop praying after the decree was given? (vs. 10)

If you were in Daniel's shoes, would you have the faith to keep praying?

How often did Daniel pray to God? What happened to Daniel when he was found praying? (vs. 12)

Describe what happened to Daniel while he was in the lion's den? (vs. 20-22)

Why was Daniel saved from the lions? What happened to the administrators who came up with the decree? (vs. 24)

Family Challenge: Share a time in your life when you took a stand for God by doing what was right. Have each family member share one lesson they learned from Daniel that will help them stand up for God this week.

Family Bible Goals: Take time to work on your Family Bible Goals! (p. 17)

Shadrach, Meshach & Abednego

Purpose: To discuss the story of Daniel's three friends in the fiery furnace and its application for us today.

Bible Verses:

- Daniel 3:1-28; Matthew 6:33

Family Discussion:

Who was the king during this time? Describe the golden image that king Nebuchadnezzar made. How tall was it? (This statue was 90 feet tall and 9 feet wide!)

What were the people commanded to do when they heard the music play? Describe the consequence of refusing to fall down and worship the image?

Did Shadrach, Meshach and Abednego fall down and worship the statue? (vs. 12) How did this make the king feel? (vs. 13)

What was their response to the king's command to fall down and worship the image? (vs. 16-18) What did the king command after hearing their response? (vs. 19-21)

If you were living in this kingdom during this time and heard the sound of the music, would you have the faith to stand up for God as these men did?

Describe what happened to the soldiers that threw the three men into the fiery furnace? (vs. 22) What does that tell you about the fire? What happened to Shadrach, Meshach and Abednego in the furnace? (vs. 26-27) How did the king react to this miracle of God? (vs. 28-30)

How would you describe Shadrach, Meshach and Abednego's relationship with God?

Family Challenge: These three men lived for God no matter what! What would you say is the most important thing in your life? Can you honestly say God is #1 in your life? Are you willing to give up anything including your own life for God? Close by reading Matthew 6:33

Family Bible Goals: Take time to work on your Family Bible Goals! (p. 17)

Job

Purpose: *To read the story of Job and discover what we can learn from Job about staying committed to God.*

Bible Verses:

- Job 1:1-22; Job 2:1-13; Job 42:10-17

Family Discussion:

Describe Job based on what you read in Job 1:1-5. How many children did he have? How many sheep? Camels? Oxen? Donkeys?

What did Job do for his children in chapter 1 verse 5? Why did Job do this?

How would you describe Satan? What did you learn about Satan from Job 1 and Job 2? What is Satan's ultimate goal?

What happens to all of Job's possessions in chapter 1? How do you think Job felt after losing his possessions and his children? What would you have done if you had lost all of your possessions including members of your own family as Job did?

Did Job blame God for all these terrible things that had happened to him? (Job 1:22) How was Job able to not sin through all of this?

What happens to Job in chapter 2? What does Job's wife say to him? Did Job sin or curse God because of his physical suffering?

Rank the following things according to the order of importance in Job's life.

- | | |
|-------|------------------|
| _____ | land and animals |
| _____ | friends |
| _____ | God |
| _____ | family |
| _____ | physical health |

Rank the above things according to the order of importance in your life. Is your list the same or different than Job's?

Describe what happens to Job in chapter 42.

Family Challenge: Have each family member share the most important lesson they learned from Job. Pray for strength to put God first each day!

Family Bible Goals: Take time to work on your Family Bible Goals! (p. 17)

Family Bible Goals

1. Memorize the books of the New Testament.
2. Memorize the books of the Old Testament.
3. Memorize the 15 Judges of Israel.
Othniel, Ehud, Shamgar, Deborah, Gideon, Abimelech, Tola, Jair, Jephthah, Ibzan, Elon, Abdon, Samson, Eli, Samuel
4. Memorize the 12 Apostles.
Peter, James, John, Judas, Thaddeus, Bartholomew, Thomas, Simon, Andrew, Philip, Matthew
5. Memorize the 23rd Psalm.
6. Learn God's plan of salvation.
Hear—Romans 10:17
Believe—John 8:24
Repent—Acts 2:38
Confess—Matthew 10:32-33
Baptism—Mark 16:15-16
7. Memorize Luke 9:23.

These are only a few suggestions of possible Family Bible Goals! There are numerous opportunities to develop your family spiritually. Challenge yourself and your family to fill your minds and hearts with God's Word!

